

GRADE THREE HYGIENE AND NUTRITION SCHEME OF WORK TERM THREE YEAR 2018

WE EK	LESSON	STRAND	SUB STRAND	SPECIFIC LEARNING OUTCOMES	KEY INQUIRY QUESTIONS	LEARNING EXPERIENCES	LEARNING RESOURCES	ASSESSMENT	REFLECTION
1	1		Safety in food storage	By the end of the lesson, the learner should be able to: identify storage facilities for food at home	What foods should be cooked before eating?	Learners are guided to identify storage facilities for food (cupboards, shelves, racks, refrigerator, food containers, sacks) through pictures, video clips, charts	Realia charts	Observation Oral questions	
	2		Safety in food storage	By the end of the lesson, the learner should be able to: state where to store cooked and raw foods at home	What foods should be cooked before eating?	Learners are guided to identify areas where cooked and raw foods could be stored using pictures, videos	Realia charts	Observation Oral questions	
2	1		Safety in food storage	By the end of the lesson, the learner should be able to: mention factors to observe when storing cooked and raw foods at home	What foods could be eaten raw?	Learners are guided to mention factors to observe when storing food (clean, and cool place; cooked food covered; not mixing cooked and uncooked food; free from pests)	Realia charts	Observation Oral questions	
	2		Safety in food storage	By the end of the lesson, the learner should be able to: give reasons for proper	What foods could be eaten raw?	Learners are guided to give reasons for proper storage of food (prevent going bad; to	Realia charts	Observation Oral questions	

				storage of food at home,		preserve so that it can be used later; to avoid contamination from dirt; to prevent from being infested by pests; to prevent wastage)			
3	1	Safety Education	Common accidents and Basic First aid	By the end of the lesson, the learner should be able to: identify common accidents in the school,	What are the common accidents in the school?	Learners are guided to identify causes of common accidents in the classroom (rough surfaces, accidents	Realia charts	Observation Oral questions	
	2		Common accidents and Basic First aid	By the end of the lesson, the learner should be able to: identify common accidents in the school,	What are the common accidents in the school?	Learners are guided to identify causes of common accidents in the classroom (rough surfaces, accidents	Realia charts	Observation Oral questions	
4	1		Common accidents and Basic First aid	By the end of the lesson, the learner should be able to: name the causes of common accidents in school	What are the causes of common accidents in the school	Learners brainstorm on common accidents in the school (falls, cuts, grazes, sprains	Realia charts	Observation Oral questions	
	2		Common accidents and Basic First aid	By the end of the lesson, the learner should be able to: name the causes of common accidents in school	What are the causes of common accidents in the school	Learners brainstorm on common accidents in the school (falls, cuts, grazes, sprains	Realia charts	Observation Oral questions	
5	1		Common	By the end of the	What are the	In groups, learners	Realia	Observation	

			accidents and Basic First aid	lesson, the learner should be able to: names way of preventing common accidents in the school	causes of common accidents in the school	listen to stories and share experiences of common accidents they have encountered or witnessed in the school	charts	Oral questions	
	2		Common accidents and Basic First aid	By the end of the lesson, the learner should be able to: names way of preventing common accidents in the school	What are the causes of common accidents in the school	In groups, learners listen to stories and share experiences of common accidents they have encountered or witnessed in the school	Realia charts	Observation Oral questions	
6	1		Common accidents and Basic First aid	By the end of the lesson, the learner should be able to: tell the First Aid for fainting and nose bleeding	What are the causes of common accidents in the school	In groups, learners listen to stories and share experiences of common accidents they have encountered or witnessed in the school	Realia charts	Common accidents and Basic First aid	
	2		Common accidents and Basic First aid	By the end of the lesson, the learner should be able to: tell the First Aid for fainting and nose bleeding	What are the causes of common accidents in the school	In groups, learners listen to stories and share experiences of common accidents they have encountered or witnessed in the school	Realia charts	Observation Oral questions	
7	1		Common accidents and Basic First aid	By the end of the lesson, the learner should be able to: demonstrate First Aid fainting and nose bleeding	What is the simple first aid for common accidents in the school	Learners are guided to role play in carrying out First Aid for fainting and nose bleeding	Realia charts	Observation Oral questions	

	2		Common accidents and Basic First aid	By the end of the lesson, the learner should be able to: demonstrate First Aid fainting and nose bleeding	What is the simple first aid for common accidents in the school	Learners are guided to role play in carrying out First Aid for fainting and nose bleeding	Realia charts	Observation Oral questions	
8	1	Consumer Education	Packaged food	By the end of the lesson, the learner should be able to: name various types of packaged foods sold in the locality	Which foods are sold in packages in our locality	learners are guided to name the various packed foods sold in their locality through realia, pictures, empty packages, video clips	Realia charts	Observation Oral questions	
	2	Consumer Education	Packaged food	By the end of the lesson, the learner should be able to: name various types of packaged foods sold in the locality	Which foods are sold in packages in our locality	Learners are guided to identify the basic information provided on packaged food using empty package materials or realia (expiry date, manufacture date, storage, use of product, quality mark like Kebs, weight of contents)	Realia charts	Observation Oral questions	
9&10		CAT	CAT	CAT	CAT	CAT	CAT	CAT	